Training Choices - What is the Difference?

Remote Training

Improved Focus
If you're the type of person who finds distractions get in the way of learning, then remote training will probably help you to get the most from your sessions. For some learners, switching focus between a computer screen and the trainer can lead to increased cognitive overload and decreased learning capacity. Training remotely means you can communicate without shifting focus, helping to improve concentration.

Less Invasive
If having a trainer physically sat next to you makes you feel nervous or worried then it may be best for you to choose remote training. This will allow you to get the most from your session without having to accommodate anyone or feel like someone is looking over your shoulder. In a remote session, you're in control and you can even end the session instantly if you want to.

Increased Participation
If you sometimes feel nervous or embarassed about asking for help then it could be best to choose remote training. The trainer communicates with you by speaking to you via your computer and by sharing control of your computer screen but you do not see your trainer and they are not physically there. For a lot of learners this removes barriers, making you feel more confident in expressing yourself and asking questions.

Easier Scheduling
If you think it will be easier to schedule your sessions at short notice due to your timetables or workshifts, then choosing remote training may be the best option. As there is no travelling involved, sessions can be fitted around your schedule more easily, including evenings and weekend bookings. You also don't need to worry about wasted time as sessions will always start when they are meant to.

On-Site Training

Accessible for All
If you don't feel very confident using technology, or the process that's involved with remote training makes you feel uncomfortable, then you may decide that onsite training is a more suitable solution for you.

Safe and Secure
Good AT training companies should only use trainers that have an "Enhanced" Disclosure and Barring Service check. This check means that the trainer's history in regards to criminal records and information held by local police have been cleared. Trainers who carry out remote training are also checked, but you may feel this is especially important for onsite training to ensure you feel safe and secure.

Physical Presence.
If you feel that you would find it more difficult to communicate with someone if they are not physically present, then onsite training may help to improve your learning experience. It will allow you to communicate in the way you are most comfortable with and therefore you can concentrate more on your learning.

Flexibility in Location
When you choose onsite training, your trainer comes out to visit you wherever you want. Good training companies should have fully accredited and qualified trainers throughout the UK so that you can receive high quality sessions regardless of your geographic location.

If you prefer to learn at home, at college or university, or even your local library just let your training provider know and you can have the session wherever you feel most comfortable.

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